

Feet First Promotions presents

# Saddleback Marathon

*The toughest marathon in California*

**Saturday, November 7<sup>th</sup> 2009**

**Where:** Blue Jay Campground off Ortega Hwy (74) about 21 miles inland from San Juan Capistrano (I5) Orange County.

**Start:** 8:00 AM. Time limit 7 hours.

**Entry Fee:** \$55 before Oct 31, (add \$20 there after, including race day). No refunds. Includes race-shirt. Sign up early as the Forest Service limits entries to **150 runners**.

**Course:** Tough. Rated the toughest trail marathon in California. Follow yellow ribbons and white arrows on truck roads and single-trail. Total elevation gains are 5,100 feet. Starts at 3,300 ft. Be ready!

**Aid Stations:** 5 total. Please carry water between stations.

**Weather:** Always magic for running, but come prepared.

**Awards:** Overall winners, men/women and age groups. Plus Baz's MAGIC raffle.

**Please Note:** Park in designated areas only in Lower Blue Jay. Must show a day-use pass from Forest Service (Only \$5 - can be purchased with your entry). Parking on right side only on blacktop, no double-parking. We are limited to 150 vehicles. Trail briefing before the start with any late changes; come early. Bring a chair; food and drink will be available for all entrants at the finish line. Please leave your pets at home.

For more info contact BAZ the RD 949-830-5008 or [bazhawley@sti.net](mailto:bazhawley@sti.net)

**Website:** [www.BigBazTrailRaces.com](http://www.BigBazTrailRaces.com)

Portions of this event are conducted under Special Use Permit issued by the U.S. Forest Service whose policy prohibits discrimination based on race, national origin, age, or handicap.

**Official Entry Form (please print clearly)**

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## Saddleback Marathon Saturday, November 7, 2009

Make check payable to: "Feet First Promotions" \$55 (add \$20 after October 31) \$60 if you need a day-use pass.

Send entry to: Baz Hawley, 73-R Calle Aragon, Laguna Woods, CA 92637

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex: **M F** T-shirt: **S M L XL**

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ Home \_\_\_\_\_

**Waiver Of Liability** In consideration of your accepting this entry, I, the here signed, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages that I may have against the race director, volunteers, USAT&F, all sponsors and their representatives, successors and assigns for any all injuries suffered by me in said event. I verify that I am physically fit and have sufficiently trained for the competition of this event and my physical condition has been verified by a licensed medical doctor.

Signature \_\_\_\_\_ Date \_\_\_\_\_ E-mail \_\_\_\_\_

Must be signed by a parent, if runner is under 18 years old.