

TRAILS
"Rock"

Feet First Promotions presents

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San Juan Trail 50K

Saturday March 16, 2013

- Where:** Blue Jay Campground, Cleveland National Forest. Take Ortega Hwy (74) inland from San Juan Capistrano (15) about 21 miles, turn left at wooden sign and balloons.
- Start:** 7:00 AM prompt, limit 8 hours, cut off at 19.5 miles 5 hours.
- Entry Fee:** \$75 before March 9th, thereafter add \$20, including race day. Sorry no refunds.
150 runners limit. No pacers.
- Course:** 31 tough miles. Forest trails and dirt roads, between 2,200 & 4,200 feet. Total climb 6,627'.
- Aid Stations:** 5 locations. Please carry water at all times. Drink, fresh fruit & snacks at finish line for runners.
- Awards:** Overall winners and age groups. Bring a chair to enjoy Baz's famous *MagicRAFFLE* after 1PM.
- Weather:** Average temp. 60 to 74 degree; come prepared for all conditions; the race goes on.
- More info:** All vehicles must display a \$5 day-use pass. Purchase from U.S. Forest Service, local sports store or from Baz at the race. Go to: www.fs.fed.us/r5/cleveland/passes to buy a \$30 annual pass. Park in designated areas only. Please thank our magic sponsors.

"Leave your pets at home"

Contact BAZ at bazhawley@sti.net or leave a message at (949) 830-5008.

More info or to sign up online go to: www.BigBazTrailRaces.com

Portions of this event are conducted under Special Use Permit issued by the U.S. Forest Service whose policy prohibits discrimination based on race, national origin, age, or handicap.

Official Entry Form

SJT 50K, March 16, 2013

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Make check payable to "Feet First Promotions" \$75 (add \$20 after March 9th)

Return to Baz Hawley 73-R Calle Aragon, Laguna Woods, CA 92637

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Name _____ Age _____ Sex: **M - F** circle T-shirt: **S M L XL**

Address _____ City _____

State _____ Zip _____ Phone _____ Home _____

Waiver Of Liability In consideration of your accepting this entry, I, the here signed, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages that I may have against the race director, volunteers, USAT&F, US Forest Service, all sponsors and their representatives, successors and assigns for any all injuries suffered by me in said event. I verify that I am physically fit and have sufficiently trained for the competition of this event and my physical condition has been verified by a licensed medical doctor.

Signature _____ Date _____ E-mail address _____

(Runners under 18 years must have parent's signature.)