

TRAILS
"Rock"

Feet First Promotions presents Big Baz's 2011

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WINTER TRAIL RUN SERIES

Jan 8 - 12K, Jan 22 - 15K, Feb 5 - 18K, Feb 19 - 21K

Where: Blue Jay Campground, Cleveland National Forest. Take Ortega Highway (74) inland (east) of San Juan Capistrano about 21-22 miles from Interstate 5 and turn left at the wooden sign to Los Pinos Camp. The turn will be marked...

Start Time: All races start at 8:30 a.m., following the trail briefing. Come early.

Entry Fee: Pre-entry \$35 per race. Race day registration is \$40. If you enter two or more races, you receive a race series T-shirt. If you enter and **finish** all four races, you receive a race series sweatshirt. Race series T-shirts are available for \$20.

Please Note: Enter early, we are limited to **150 runners** per race. Sorry, no refunds. Drink & snacks supplied at finish line.

Courses: Varying looped courses on single-track trails in the Cleveland National Forest between 3,000 and 4,000 feet elevation. Courses are marked with yellow ribbon and white arrows.

Aid Stations: Only the 21K race will have an aid station at mile 5K and 18K.

Awards: Overall awards to top three men and woman, age group awards, plus BAZ's MAGIC raffle.

Weather: Generally clear with temperatures of 50° - 70°. However, be prepared for all possible conditions. Rain or shine the race will go on regardless.

General

Information: All vehicles must display a \$5 day-use pass purchased from the U.S. Forest Service or local sports store. Go to: www.fs.fed.us/r5/cleveland/passes to buy a \$30 annual pass. Park in designated areas only. Leave your pets at home. Please thank our sponsors.

Contact BAZ at bazhawley@sti.net or leave a message at (949) 830-5008. More info or to sign up online go to: www.BigBazTrailRaces.com

Portions of this event are conducted under Special Use Permit issued by the U.S. Forest Service whose policy prohibits discrimination based on race, national origin, age, or handicap.

Official Race Entry Form

Mail to: Baz Hawley: 73-R Calle Aragon; Laguna Woods, CA 92637

WTRS 2011

Make checks payable to: "Feet First Promotions".

Circle race(s): Jan 8-12K, Jan 22-15K, Feb 5-18K, Feb 19-21K

Name: _____ Age: _____ Sex: M F T-shirt: S M L XL

Address: _____ City: _____

State: _____ Zip: _____ Work Phone: _____ Home: _____

Signature _____ Date _____ E-mail _____

For runners under 18 years of age, parent must sign the waiver

Waiver of liability: In consideration of the race management accepting my entry, I the undersigned, intending to be legally bound hereby for myself, my heirs, executors, and administrators, hereby waive and release any and all rights, claims for damages that I may have against the race director, volunteers, USATF & US Forest Service, all sponsors and their representatives, successors, assigns for any and all injuries suffered by me in said event(s). I verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor.