



Feet First Promotions presents Big Baz's 2010



# WINTER TRAIL RUN SERIES

**Jan 9 - 12K, Jan 23 - 15K, Feb 6 - 18K, Feb 20 - 21K**

**Where:** Blue Jay Campground, Cleveland National Forest. Take Ortega Highway (74) inland (east) of San Juan Capistrano about 21-22 miles from Interstate 5 and turn left at the wooden sign to Los Pinos Camp. The turn will be marked...

**Start Time:** All races start at 8:30 a.m., following the trail briefing. Come early.

**Entry Fee:** Pre-entry \$30 per race. Race day registration is \$35. If you enter two or more races, you receive a race series T-shirt. If you enter and **finish** all four races, you receive a race series sweatshirt. Race series T-shirts are available for \$15.

**Please Note:** Enter early, we are limited to **150 runners** per race. Sorry, no refunds. Drink & snacks supplied at finish line.

**Courses:** Varying looped courses on single-track trails in the Cleveland National Forest between 3,000 and 4,000 feet elevation. Courses are marked with yellow ribbon and white arrows.

**Aid Stations:** Only the 21K race will have an aid station at mile 3 and 18.

**Awards:** Overall awards to top three men and woman, age group awards, plus BAZ's MAGIC raffle.

**Weather:** Generally clear with temperatures of 50° - 70°. However, be prepared for all possible conditions. Rain or shine the race will go on regardless.

**General**

**Information:** All vehicles must display a \$5 day-use pass purchased from the U.S. Forest Service or local sports store. Go to: [www.fs.fed.us/r5/cleveland/passes](http://www.fs.fed.us/r5/cleveland/passes) to buy a \$30 annual pass. Park in designated areas only. Leave your pets at home. Please thank our sponsors.

Contact BAZ at [bazhawley@sti.net](mailto:bazhawley@sti.net) or leave a message at (949) 830-5008. More info or to sign up online go to: [www.BigBazTrailRaces.com](http://www.BigBazTrailRaces.com)

Portions of this event are conducted under Special Use Permit issued by the U.S. Forest Service whose policy prohibits discrimination based on race, national origin, age, or handicap.

**Official Race Entry Form**

**Mail to:** Baz Hawley: 73-R Calle Aragon; Laguna Woods, CA 92637

**WTRS 2010**

**Make checks payable to: "Feet First Promotions".**

**Circle race(s):** Jan 9-12K, Jan 23-15K, Feb 6-18K, Feb 20-21K

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Sex:** M F **T-shirt:** S M L XL

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_ **Home:** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_ **E-mail** \_\_\_\_\_

For runners under 18 years of age, parent must sign the waiver

**Waiver of liability:** In consideration of the race management accepting my entry, I the undersigned, intending to be legally bound hereby for myself, my heirs, executors, and administrators, hereby waive and release any and all rights, claims for damages that I may have against the race director, volunteers, USATF, US Forest Service, all sponsors and their representatives, successors, assigns for any and all injuries suffered by me in said event(s). I verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor.